

LUST

Bistro & Bakery

POOLHOUSE MENU

SALADS

4 GRAIN SALAD (vegetarian)

brown rice, kasha, quinoa, lentils, celery, peppers, roasted red onion, granny smith, mange-tout, Danish feta & raspberry vinaigrette

Starter/Main

80 / 115

CHICKPEA & AVOCADO SALAD (vegetarian)

cucumber, tomato, charred marinated peppers, avocado, greens, Danish feta & pomegranate vinaigrette

80 / 115

LUNCH

CHICKEN LIVERS

brandied livers, spicy tomato ragoût, crispy naked onions & fresh sourdough bread

Starter/Main

60 / 85

BURGER & FRIES

coarse ground sirloin patty (200g) OR cajun chicken breast (RDW), sweet-potato-sourdough-bun, caramelised onion, emmental cheese, shredded lettuce, fresh tomato, sriracha aioli & hand cut fries or salad

main 150

SRI LANKAN CHICKEN CURRY

aromatic boneless curry, served with grilled naan, lime-tomato-salsa, cucumber raita & brinjal pickle

main 145

PLATTERS

(we suggest any of our wines with the platters)

PLOUGHMAN'S PLATTER

local artisan cheese, charcuterie, bacon jam, preserves, fruit & fresh breads

Single/Double

150 / 215

CHEESE PLATTER

local artisan cheese, red pepper hummus, preserves, fruit & fresh breads

120 / 170

PIZZA

Large(28cm)

bacon & fresh sliced tomato	110
spinach, mushroom & Danish Feta	135

DESSERT

BELGIAN CHOCOLATE BROWNIE

vanilla gelato, fresh berries, burnt orange

80

BEVERAGES

We do not use plastic drinking straws to cut down on pollution. We do have eco-friendly straws available on request.

All coffees are prepared with Terbodore McEspresso blend

SOY MILK / ALMOND MILK

surcharge 10

CAPPUCCINO (single espresso topped with stretched milk)

standard 25 / large 42

CORTADO (single espresso cut with equal amount of stretched milk)

standard 25

CAFÉ LATTE (double espresso topped with stretched milk)

large 42

ESPRESSO

single 20 / double 32

MACCHIATO (espresso stained with stretched milk)

single 22 / double 35

AMERICANO (espresso with hot water & milk)

standard 24 / large 37

ICED COFFEE SLUSH (blended espresso, milk, ice, honey)

large 30

McESPRESSO COFFEE MILKSHAKE

50

ENMASSE TEA

Connoisseur (organic rooibos)

25

Green rooibos (unfermented & organic)

25

Black breakfast (Vietnamese black tea)

25

Earl grey (bergamot & black tea blend)

28

HOT CROSS BUN CHAI LATTE

(spiced chai with stretched milk. Caffeine free)

large 38

RED ESPRESSO

single 22 / double 34

RED CAPPUCCINO

standard 33 / large 47

BELGIAN DARK HOT CHOCOLATE

standard 38 / large 45

FRESHLY SQUEEZED (350ml) 100% orange	45
MILKSHAKE vanilla, chocolate	45
MINERAL SPARKLING WATER	(250ml) 18 / (750ml) 40
MINERAL STILL WATER	(250ml) 18 / (750ml) 40
SOFT DRINKS (300ml) fanta orange & crème soda	23
MIXERS (200ml) Fitch & Leedes coke, coke light, lemonade, club soda, ginger ale, bitter lemon, indian tonic, pink tonic	23
CORDIALS (kola tonic, passion fruit, lime)	6
ROCK SHANDY (soda, ginger ale, lime cordial, bitters)	40
SMITH'S CRAFT GINGER BEER (330ml) – non-alcoholic lemon, rooibos, turmeric, hibiscus	35

VREDE EN LUST WINES



ROSÉ	bottle
Jess Dry Rosé (pinotage, shiraz, grenache)	79
BUBBLY BY NATURE	
Sarah (chardonnay, chenin, pinot noir)	169
WHITE UNWOODED	
Anni Sauvignon Blanc	89
Early Mist Riesling	89
WHITE WOODED	
White Mischief (chenin, semillon, pinot gris, sauvignon, viognier, riesling)	89
Viognier	129
Marguerite Chardonnay	150
Kogelberg Chenin Blanc – single vineyard	150
Barrique (semillon, sauvignon)	150
RED – BARREL FERMENTED	
Red Lady Merlot	95
Malbec	109
Côtes de Savoye (shiraz, grenache, viognier)	109
Lady J Syrah	139
Boet Erasmus (cabernet, merlot, petit verdot, malbec,)	225
Pinot Noir	200